

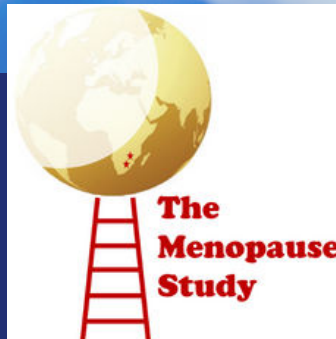


**UNDERSTANDING THE
IMPACT OF HIV INFECTION
AND THE EFFECT OF
MENOPAUSE ON THE
HEALTH, AND
PARTICULARLY
MUSCULOSKELETAL
HEALTH, OF AFRICAN
WOMEN**

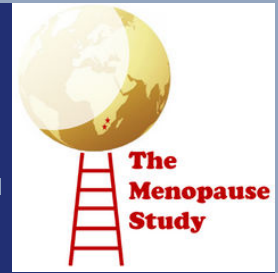
(THE MENOPAUSE STUDY)



**ONLINE EVENT:
26 JANUARY 2023
14:00 - 17:00**



Programme



14.00 WELCOME & INTRODUCTIONS (10)

PROF RASHIDA FERRAND, THE HEALTH RESEARCH UNIT OF ZIMBABWE, LSHTM
& PROF LISA MICKLESFIELD, THE UNIVERSITY OF THE WITWATERSRAND (CHAIRS)

14.10 BACKGROUND TO THE RESEARCH PROGRAMME (10)

PROF CELIA L GREGSON,
THE UNIVERSITY OF BRISTOL/ THE HEALTH RESEARCH UNIT OF ZIMBABWE

PART 1: MENOPAUSAL HEALTH

14.20 MENOPAUSAL SYMPTOMS BY HIV STATUS IN OLDER ZIMBABWEAN WOMEN AND THEIR ASSOCIATION WITH HEALTH-RELATED QUALITY OF LIFE: A CROSS-SECTIONAL STUDY (12 + 3)

MR TAFADZWA MADANHIRE,
THE HEALTH RESEARCH UNIT OF ZIMBABWE

14.35 MIDLIFE WOMEN'S UNDERSTANDING OF HEALTH IN OLDER AGE: A QUALITATIVE STUDY FROM ZIMBABWE AND SOUTH AFRICA (12 + 3)

MS NYASHA BUWU, THE HEALTH RESEARCH UNIT OF ZIMBABWE
& MS KEABETSWE KHUTSOANE, THE UNIVERSITY OF THE WITWATERSRAND

14.50 IMPROVING EXPERIENCES OF THE MENOPAUSE FOR WOMEN IN ZIMBABWE AND SOUTH AFRICA: CO-PRODUCING AN INFORMATION RESOURCE (12 + 3)

DR SARAH DREW,
THE UNIVERSITY OF BRISTOL

15.05 PANEL DISCUSSION 1 - MENOPAUSE

Where are we now and what are the next steps: implications for policy and funding
Chair: Prof Rashida Ferrand, The Health Research Unit of Zimbabwe/ LSHTM

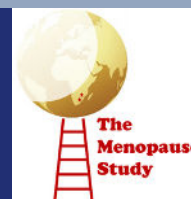
Expert panellists:

Dr Percy Moodley, The South Africa Menopause Society
Dr Mandi Tembo, The Health Research Unit of Zimbabwe

15.20 BREAK



Programme



PART 2: MUSCULOSKELETAL HEALTH IN MID-LIFE WOMEN

15.30 OSTEOPOROSIS, RATHER THAN SARCOPENIA, IS THE PREDOMINANT MUSCULOSKELETAL DISEASE IN A RURAL SOUTH AFRICAN COMMUNITY WHERE HIV PREVALENCE IS HIGH: A CROSS-SECTIONAL STUDY (12 + 3)

PROF CELIA L GREGSON,
THE UNIVERSITY OF BRISTOL/ THE HEALTH RESEARCH UNIT OF ZIMBABWE

15.45 THE IMPACT OF HIV ON BONE MINERAL DENSITY THROUGH MENOPAUSE: A LONGITUDINAL STUDY OF URBAN-DWELLING SOUTH AFRICAN WOMEN (12 + 3)

MR TAFADZWA MADANHIRE,
THE HEALTH RESEARCH UNIT OF ZIMBABWE

16.00 MENOPAUSE IS ASSOCIATED WITH BONE LOSS, PARTICULARLY AT THE DISTAL RADIUS, IN BLACK SOUTH AFRICAN WOMEN: FINDINGS FROM THE STUDY OF WOMEN ENTERING AND IN ENDOCRINE TRANSITION (SWEET) (12 + 3)

DR MICHEAL O'BREASAIL,
THE UNIVERSITY OF BRISTOL

16.15 OSTEOPOROSIS AND PREVALENT FRACTURE ARE COMMON AND REMAIN UNTREATED IN MID-LIFE ZIMBABWEAN WOMEN LIVING WITH HIV: A CROSS-SECTIONAL STUDY (12 + 3)

MR TAFADZWA MADANHIRE,
THE HEALTH RESEARCH UNIT OF ZIMBABWE

16.30 GLOBAL BURDEN OF OSTEOPOROSIS: A COMPARISON OF COHORTS FROM SOUTH AFRICA, THE GAMBIA, UK, US AND ZIMBABWE (12 + 3)

PROF KATE WARD,
THE UNIVERSITY OF SOUTHAMPTON | THE MRC UNIT OF THE GAMBIA

16.45 PANEL DISCUSSION 2 - MUSCULOSKELETAL

**Where are we now and what are the next steps:
implications for policy and funding**

Chair: Prof Lisa Micklesfield, The University of the Witwatersrand

Expert panellists:
Tereza Hough, CEO

The National Osteoporosis Foundation of South Africa
Prof Bilkish Cassim: NOFSA Council Member

