



CONGRESS AND DXA COURSE PROGRAMME

4th NOFSA IOF ISCD Congress
7—9 June 2019



The Protea Marriot Hotel, Stellenbosch

www.osteoporosis.org.za | (021) 976 4995

Welcome

We would like to invite you to participate in the **4th NOFSA IOF ISCD Congress from 7-9 June 2019 at the Protea Marriot Hotel in Stellenbosch.**

Congress Features

This meeting comprises features of our annual NOFSA Congress and a DXA Course for both operators and MD's, with:

- state-of-the-art lectures;
- meet-the-expert sessions;
- hands-on-training; and
- mini-reviews on various interesting topics.

The meeting is also CPD-accredited. Earn 18 CPD points when attending the Scientific Programme and 7 CPD points when attending the DXA Course.

Speakers

We are indeed very fortunate to have local speakers including:

- Dr Stan Lipschitz
- Dr Tobie de Villiers
- Dr Wimpie de Lange
- Prof John Pettifor
- Dr Hayley de Wet
- Dr Richard de Villiers
- Dr Mike Davey
- Dr Bilkish Cassim
- Dr Sue Brown
- Dr Graham Ellis
- Antoine Nicot (Medimaps)
- Dr Isabel Ferreiro

Registration

Visit our website to register online.

All delegates can do an online exam post congress (at own cost) on the ISCD website to obtain a certificate.

We trust that this Congress will succeed in satisfying the need of even the most fastidious delegates, and we look forward to welcome you in Cape Town!

Teréza Hough

CEO
NOFSA



ACCOMMODATION AND TRAVEL

ACCOMMODATION RATES

The Protea Hotel Stellenbosch is situated in the heart of the Winelands, in one of the most beautiful and heritage conscious towns. This hotel offers the most comfortable beds in the Winelands.

Please note that special rates for the Protea Marriot Hotel have been negotiated for our annual congress taking place in Stellenbosch.

To make a booking with the Protea Marriot Hotel, please send an email to reservationsc@phstellenbosch.com or contact Tyrone Swartz on Tel. 021-880 9500
Your reference: Nofsa Congress.

Single per night: R1055 (25 rooms available)

Double per night: R1280 (25 rooms available)

Deluxe King per night (Single): R1205 per night (5 rooms available)

Deluxe King per night (Double): R1430 per night (5 rooms available)

***Rates include Bed & Breakfast (VAT excl.)**

Terms and Conditions

Includes full English breakfast

Rates are valid for the above period only

Rates are valid for standard rooms only

Rates are subject to availability of rooms at this rate

Tourism levy of 1% excluded

Booking deadlines

30 days prior to arrival; 10% of unbooked rooms released

45 days prior to arrival; 30% of unbooked rooms released

60 days prior to arrival; 30% of unbooked rooms released

75 day prior to arrival; 15% of unbooked rooms released

90 day prior to arrival; 15% of unbooked rooms released

AIRPORT TRANSFER FEES

R520 per 1-2 pax. The shuttle rate is based on a one-way trip.

You may contact MLT Transfer Services on 021-5517382.

When requesting accommodation arrangements, you may also specify should you require a transfer from the airport to the hotel, and it will be booked by the team at the Protea Marriot Hotel.

CONGRESS DELEGATE PROGRAMME

FRIDAY, 7 JUNE 2019

12h30-13h45

REGISTRATION

13:50 Opening & Welcome Teréza Hough

SESSION I

14h00—15h00

Chair: Stan Lipschitz

14h00 Overview of Osteoporosis Tobie de Villiers
14h50 Bone Mass Measurement Wimpie de Lange
Device Operating Principles

15:40

TEA

SESSION II

16h00—17h40

Chair: Tobie de Villiers

16h00 X-Ray Science, Radiation Safety and Quality Assurance Richard de Villiers
16h50 Clinical Evaluation of Bone Health Mike Davey

18h00

COCKTAIL FUNCTION

SATURDAY, 8 JUNE 2019

SESSION III

08h00—10h15

Chair: Sue Brown

08h00 Use of Bone Densitometry for the Diagnosis of Osteoporosis Tobie de Villiers
08h45 BMD in Children and Adolescents John Pettifor
09h30 Fracture Risk Assessment Bilkish Cassim

10h15

TEA

CONGRESS DELEGATE PROGRAMME

SATURDAY, 8 JUNE 2019

SESSION IV 10h50-12h40

10h50	Monitoring Treatment of Osteoporosis
11h40	Clinical Management Part 1: Non-Pharmacologic Estrogen and SERM's

Chair: Bilkish Cassim

Graham Ellis

Mike Davey

12h40 INDUSTRY SPONSORED SYMPOSIUM: CIPLA

SESSION V 14h00—16h00

14h00	Clinical Management : Part 2: Pharmacological Treatment Continued
15h00	Clinical Management Part 3: Further Pharmacologic Treatment Considerations

Chair: Magda Conradie

Stan Lipschitz

Sue Brown

SUNDAY, 9 JUNE 2019

SESSION VI 08h30—10h00

08h30	Principles of DXA Scan Interpretation
08h45	Principles of Reporting DXA Scans
09h30	Use of Trabecular Bone Score

Chair: John Pettifor

Graham Ellis

Stan Lipschitz

Antoine Nicot | Isabel Ferreiro

10h10 TEA

10h30	FLS in South Africa
11h00	Panel Discussion of Case Studies

Hayley de Wet

Stan Lipschitz

12h00 CLOSE

Tobie de Villiers

DXA TECHNOLOGISTS PROGRAMME

FRIDAY, 7 JUNE 2019

12h30-13h45

REGISTRATION

13h50 Opening & Welcome Teréza Hough

SESSION I

14h00—15h00

Chair: Stan Lipschitz

To be attended in Clinician's Track

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Device Operating Principles

15h40

TEA

SESSION II

16h00—17h40

Chair: Tobie de Villiers

To be attended in Clinician's Track

16h00 X-Ray Science, Radiation Safety Richard de Villiers
and Quality Assurance

16h50 Clinical Evaluation of Bone Health Mike Davey

SATURDAY, 8 JUNE 2019

SESSION III

10h45-12h40

10h45 Quality Assurance and Role of Technologist

11h20 Atypical Femoral Fractures and Visceral Adipose Tissue (VAT)

12h00 Clinical Management of the Osteoporosis Patient

12h40

LUNCH

SESSION IV

14h00-17h00

14h00 Patient Information and Hx Questionnaire (workstations)

Use of T- and Z-score Explained

14h30 Anatomy , Positioning and Acquisition Spine, Hip and Forearm (presentation)

Vertebral Fracture Assessment (presentation)

15h45 Scan analysis (case studies on workstations and presentation)

DXA TECHNOLOGISTS PROGRAMME

SUNDAY, 9 JUNE 2019

SESSION V **08h30—9h20** **Chair: John Pettifor**

To be attended in Clinician's Track

08h30 Principles of DXA Scan Graham Ellis
Interpretation

SESSION VI **09h20—10h10**

09h20 Adult and Infant WB

10h10 **TEA**

10h50 **10h50—12h15**

10h50 TBS (Trabecular Bone Score)

11h10 Basic use of DXA Unit (Hologic/Lunar)

- Locate Primary and Secondary Archives
- Restore Scans
- Copy Scans
- Copy/QC Scans for Studies

General Questions and Answers

12h00 **CLOSE**

EXHIBITORS AND SPONSORS

NOFSA wish to thank the following companies for their generous support. Without our industry partners and the NOFSA Corporate Advisory Board (CAB) this Conference would not be possible.

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