



CONGRESS AND DXA COURSE PROGRAMME

18th NOFSA Congress
7—9 June 2019



The Protea Marriot Hotel, Stellenbosch

www.osteoporosis.org.za | (021) 976 4995

Welcome

We would like to invite you to participate in the **18th NOFSA Congress from 7-9 June 2019 at the Protea Marriot Hotel in Stellenbosch.**

Congress Features

This meeting comprises features of our annual NOFSA Congress and a DXA Course for both operators and MD's, with:

- state-of-the-art lectures;
- original research presentations;
- meet-the-expert sessions;
- hands-on-training; and
- mini-reviews on various interesting topics.

The meeting is also CPD-accredited. Earn 18 CPD points when attending the Scientific Programme and 7 CPD point when attending the DXA Course.

Speakers

We are indeed very fortunate to have local speakers including:

- Dr Stan Lipschitz
- Dr Tobie de Villiers
- Dr Wimpie de Lange
- Prof John Pettifor
- Dr Zane Stevens
- Dr Magda Conradie
- Dr Mike Davey
- Dr Bilkish Cassim
- Dr Sue Brown
- Dr Graham Ellis

Registration

Visit our website to register online, or fill in the registration form at the back of this information guide.

We trust that this Congress will succeed in satisfying the need of even the most fastidious delegates, and we look forward to welcome you in Cape Town! **Tereza Hough—CEO NOFSA**



ACCOMMODATION AND TRAVEL

ACCOMMODATION RATES

The Protea Hotel Stellenbosch is situated in the heart of the Winelands, in one of the most beautiful and heritage conscious towns. This hotel offers the most comfortable beds in the Winelands.

Please note that special rates for the Protea Marriot Hotel have been negotiated for our annual congress taking place in Stellenbosch.

To make a booking with the Protea Marriot Hotel, please send an email to reservationsc@phstellenbosch.com or contact Tyrone Swartz on Tel. 021-880 9500
Your reference: Nofsa Congress.

Single per night: R1055 (25 rooms available)

Double per night: R1280 (25 rooms available)

Deluxe King per night (Single): R1205 per night (5 rooms available)

Deluxe King per night (Double): R1430 per night (5 rooms available)

***Rates include Bed & Breakfast (VAT excl.)**

Terms and Conditions

Includes full English breakfast

Rates are valid for the above period only

Rates are valid for standard rooms only

Rates are subject to availability of rooms at this rate

Tourism levy of 1% excluded

Booking deadlines

30 days prior to arrival; 10% of unbooked rooms released

45 days prior to arrival; 30% of unbooked rooms released

60 days prior to arrival; 30% of unbooked rooms released

75 day prior to arrival; 15% of unbooked rooms released

90 day prior to arrival; 15% of unbooked rooms released

AIRPORT TRANSFER FEES

R520 per 1-2 pax. The shuttle rate is based on a one-way trip.

You may contact MLT Transfer Services on 021-5517382.

When requesting accommodation arrangements, you may also specify should you require a transfer from the airport to the hotel, and it will be booked by the team at the Protea Marriot Hotel.

CONGRESS DELEGATE PROGRAMME

FRIDAY, 7 JUNE 2019

12h30-13h45

REGISTRATION

13:50 Opening & Welcome Teréza Hough

SESSION I

14h00—15h00

Chair: Stan Lipschitz

14h00 Overview of Osteoporosis Tobie de Villiers
14h50 Bone Mass Measurement Wimpie de Lange
Device Operating Principles

15:40 TEA

SESSION II

16h00—17h40

Chair: Tobie de Villiers

16h00 X-Ray Science, Radiation Safety and Quality Assurance
16h50 Clinical Evaluation of Bone Health Mike Davey

18h00 COCKTAIL FUNCTION

SATURDAY, 8 JUNE 2019

07h00 INDUSTRY SPONSORED SYMPOSIUM

SESSION III

08h00—10h15

Chair: Sue Brown

08h00 Use of Bone Densitometry for the Diagnosis of Osteoporosis Tobie de Villiers
08h45 BMD in Children and Adolescents John Pettifor
09h30 Fracture Risk Assessment Bilkish Cassim

10h15 TEA

CONGRESS DELEGATE PROGRAMME

SATURDAY, 8 JUNE 2019

SESSION IV	10h50-12h40	Chair: Bilkish Cassim
10h50	Monitoring Treatment of Osteoporosis	Graham Ellis
11h40	Clinical Management Part 1: Non-Pharmacologic Estrogen and SERM's	Mike Davey
12h40	INDUSTRY SPONSORED LUNCH	
SESSION V	14h00—16h00	Chair: Magda Conradie
14h00	Clinical Management : Part 2: Pharmacological Treatment Continued	Stan Lipschitz
15h00	Clinical Management Part 3: Further Pharmacologic Treatment Considerations	Sue Brown

SUNDAY, 9 JUNE 2019

SESSION VI	08h30—10h00	Chair: John Pettifor
08h30	Principles of DXA Scan Interpretation	Graham Ellis
08h45	Principles of Reporting DXA Scans	Stan Lipschitz
09h30	Use of Trabecular Bone Score	Mike Davey
10h10	TEA	
10h30	FLS in South Africa	Zane Stevens
11h00	Panel Discussion of Case Studies	All
12h00	CLOSE	Tobie de Villiers

DXA TECHNOLOGISTS PROGRAMME

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16h00 X-Ray Science, Radiation

Safety and Quality Assurance

16h50 Clinical Evaluation of Bone Health Mike Davey

SATURDAY, 8 JUNE 2019

SESSION III

10h45-12h40

10h45 Quality Assurance and Role of Technologist

11h20 Atypical Femoral Fractures and Visceral Adipose Tissue (VAT)

12h00 Clinical Management of the Osteoporosis Patient

12h40

LUNCH

SESSION IV

14h00-17h00 BREAKAWAY GROUPS

14h00 Patient Information and Hx Questionnaire (workstations)

Use of T- and Z-score Explained

14h30 Anatomy , Positioning and Acquisition Spine, Hip and Forearm (presentation)

Vertebral Fracture Assessment (presentation)

15h45 Scan analysis (case studies on workstations and presentation)

DXA TECHNOLOGISTS PROGRAMME

SUNDAY, 9 JUNE 2019

SESSION V 08h30—9h20

Chair: John Pettifor

08h30 Principles of DXA Scan
Interpretation

Graham Ellis

SESSION VI 09h20—10h10 BREAKAWAY SESSION

09h20 Adult and Infant WB

10h10 TEA

10h50 10h50—12h15 BREAKAWAY SESSION

10h50 TBS (Trabecular Bone Score)

11h10 Basic use of DXA Unit (Hologic/Lunar)

- Locate Primary and Secondary Archives
- Restore Scans
- Copy Scans
- Copy/QC Scans for Studies

General Questions and Answers

12h00 CLOSE